

# **Key Locations**

### LEBAUER PARK

208 North Davie Street Greensboro, NC 2740 www.greensborodowntownparks.org

### **CENTER CITY PARK**

200 North Elm Street Greensboro, NC 27401 www.greensborodowntownparks.org

# DOWNTOWN GREENWAY MOREHEAD PARK TRAILHEAD

475 Spring Garden Street Greensboro, NC 27401 www.downtowngreenway.org

#### BARBER PARK

1500 Dans Road Greensboro, NC 2740 www.greensboro-nc.gov





### Hello Sunshine!

This summer you can save your piggybank savings for ice-cream cones, because Greensboro will offer hundreds of free warm weather activities for all to enjoy! Through the programming of ArtsGreensboro, Greensboro Downtown Parks, the Downtown Greenway and the City of Greensboro Parks & Recreation, your city will become a playground. Mark your calendars for free fitness classes, children's activities, outdoor movie nights, live music, dancing and overall community play.

So, that leaves us with only one question for you! How much free play is needed to burn off those extra ice-cream cone calories?

See you this summer!

Greensboro Downtown Parks

Downtown Greenway

Greensboro Parks and Recreation

**ArtsGreensboro** 



# Downtown Greenway Events



Sunday, May 7th • 2-4 PM

Morehead Park Trailhead and Morehead Foundry

475 Spring Garden Street



A biking event for all ages. The event will include: bike rodeo, pop-up skatepark, music, bike fix-it stations, and other activities for kids.



Saturday, Oct 28th • 3-8 PM

Morehead Park Trailhead and Morehead Foundry

475 Spring Garden Stree

1-mile Fun Run for all ages dogs and strollers welcome!

4-mile run throughout downtown and on the open sections of the Downtown Greenway.

Food, beer, live music, & kids' activities following the races. NEW location this year and a costume contest for kids and dogs!



For more information about events: www.downtowngreenway.org/events 336.379.0821

# Downtown Greenway Fitness



May 9

May 2

**Power Hour** 

May 16

May 23

**Line Dancing** 

**May 30** 

Tuesdays at the Trailhead: FREE Fitness on the Downtown Greenway Morehead Park Trailhead (475 Spring Garden Street) • 6:00-7:00 pm

June 6	Functional Fitness Cindy Barbour	Sept 5	<b>Turbo Kick</b> Jen Kalbaugh
June 13	Circuit Alexis Steptoe	Sept 12	Functional Fitness Cindy Barbour
June 20	Line Dancing Brenda Ray	Sept 19	Boot Camp Brenda Ray
June 27	HIIT Alexis Steptoe	Sept 26	HIIT Sally Maley

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Aug 1	Boot Camp Sally Maley	Oct 3	<b>Zumba</b> <i>Cee Duncan</i>
Aug 8	Power Hour Steven Britton	Oct 10	Boot Camp Sally Maley
Aug 15	<b>Cize</b> Jen Kalbaugh	Oct 17	Functional Fitn Cindy Barbou
Aug 22	Functional Fitness Cindy Barbour	Oct 24	<b>Line Dancing</b> <i>Brenda Ray</i>
Aug 29	HIIT Alexis Steptoe	Oct 31	Belly Dancing Faun Finley





### Fitness in the Parks

**Greensboro Downtown Parks** 

### **TUESDAY**

Fam Jam and Intergenerational Dance Classes

11:00-11:45am Biweekly 1st and 3rd Tuesdays **LeBauer Park** Partner: Dance Project: The School at City Arts

### **WEDNESDAY**

Baptiste Power Yoga by Dancing Dogs Yoga Greensboro
5:45-6:30pm LeBauer Park Partner: Dancing Dogs Yoga Greensboro

**LeBauer Park Group Run by Fleet Feet Sports** 

6:00pm LeBauer Park Partner: Fleet Feet Sports

**Move and Groove** 

6:00-6:45pm Biweekly on 2nd and 4th Wednesdays **LeBauer Park**Partner: Dance Project: The School at City Arts







### **FREE FITNESS**

classes are offered throughout the week in LeBauer and Center City Parks from April-October.



Fitness series dates vary. Visit www.greensborodowntownparks.org for the latest updates.

### Greensboro Downtown Parks Fitness in the Parks



### **THURSDAY**

**Adult Recess with Beth Hansen** 

12:00-1:00pm **LeBauer Park** Partner: Downtown Fitness on Elm

**Spring Yoga in the Park** 

5:45-6:45pm Center City Park Partner: Greensboro Downtown Yoga

**Alloy Afterburn Team Training** 

6:00-7:00pm LeBauer Park Partner: The Club at Oak Branch & The Club at Green Valley





9:30-10:30am Monthly on 4th Friday LeBauer Park Partner: StrollerFit by CarrFit

Nia Dance Break

5:30-6:15am Monthly on 1st Friday **Center City Park** Partner: Nia Greensboro



**RAM Fitness Bootcamp** 

9:00-10:00am LeBauer Park Partner: RAM Fitness





### Children's Programming

**Greensboro Downtown Parks** 

Join us every Saturday at Kid's Klub in the Parks from 11am-2pm for FREE children's and family activities!





Additional children's programming throughout the week includes storytimes, youth art and fitness classes, family music concerts and more!



Visit www.greensborodowntownparks.org for the latest updates.

CHILDREN'S PROGRAMMING COMMUNITY SPONSOR:







## Fly Away Fridays Movie Night by PTI



Visit www.greensborodowntownparks.org for the latest updates.



### **SPRING & SUMMER SERIES**

Fridays, April 7th-May 26th and July 21st-September 22nd

**April 7** Finding Dory

**April 14** The Secret Life of Pets

April 21 Pete's Dragon

April 28 Moana

May 5 Rogue One: A Star Wars Story

May 12 Fantastic Beasts & Where to Find Them

May 19 Doctor Strange

May 26 The Legend of Tarzan

Visit www.greensborodowntownparks.org for the Summer Movie Series schedule of events for July-September.

Bring a blanket or chair and enjoy FREE outdoor movie nights in the downtown parks. All movies start at dusk in LeBauer Park. Food and drinks available for purchase from LeBauer Park kiosks: nOma Food & Co. and Ghassan's.

MOVIE SERIES COMMUNITY SPONSORS:







# Wrangler Tunes @ Noon



Greensboro **Downtown Parks** 

Wednesdays, April 5th-May 31st & August 9th-September 22nd ● 12:00pm-1:30pm ● Market Square in LeBauer Park

The CC3 April 5

April 12 Island Vibes

April 19

Ken Brown

May 3

Colin Allured

**Mav 10** 

Steve & Chuck

**May 17** 

Mac Trio

May 24

Quarter Turn

**May 31** 

**River Otters** 

Visit www.greensborodowntownparks.org for the Tunes at Noon schedule of events for August-September.



PRESENTED BY:



Come enjoy FREE live music during lunchtime! Food and drinks available for purchase from LeBauer Park kiosks: nOma Food & Co. and Ghassan's.



COMMUNITY SPONSORS:







6:00pm-7:30pm

LeBauer Park

**April 2** Rob Massengale Trio ft. Joey Barnes

**April 9** Wally West Trio

**April 16** Kassem Williams Trio

**April 23** Brad Dickerson & Ben Lassiter

April 30 Benjamin Matlack
May 7 Jacqui Haggerty

May 14 Kassem Williams Trio

May 21 Mark Mazzatenta

May 28 The Epiphany Project

Visit **www.greensborodowntownparks.org** for the Sunday Jazz Picnics schedule of events for August-October.



PRESENTED BY:



BERKSHIRE HATHAWAY HomeServices

Yost & Little Realty

FREE live music and lawn games perfect for families, young professionals and visitors to relax and enjoy the parks. Food and drinks available for purchase from LeBauer Park kiosks: nOma Food & Co. and Ghassan's.

COMMUNITY SPONSORS:



Auto-Owners
INSURANCE
LIFE - HOME - CAR - BUSINESS





### The National Folk Festival

**Downtown** Greensboro

America's largest celebration of music, art and heritage.





For more information: www.nationalfolkfestival.com

PRESENTED BY:







### Levitt AMP Series at Barber Park

**Levitt AMP Greensboro Music Series** • 10 weeks, 10 FREE concerts!





For more information: artsgreensboro.org

PRESENTED BY:



Every Saturday June 3<sup>rd</sup> through August 5<sup>th</sup> • Music starts at 6:00pm











### Music for a Sunday Evening in the Park

Free Concerts Every Sunday, June 4th - August 27th • 6:00pm • In various parks throughout the city







The MUSEP Concert Series brings together the entire community in local parks to experience local performers and artists every Sunday from June through August. MUSEP is produced by The Music Center, City Arts. Donations are welcome. For more information visit **www.city-arts.org**.



### Support and Share



Greensboro Downtown Parks, the Downtown Greenway, ArtsGreensboro and the Greensboro Parks & Recreation Department provide a variety of opportunities for individuals, businesses, foundations and civic organizations to help support Greensboro's urban parks and greenways.

### The Downtown Greenway www.downtowngreenway.org

Dabney Sanders: dsanders@actiongreensboro.org

### Friends of Greensboro Parks & Recreation Foundation

www.friendsofgreensboroparks.org gsoparksrecfriends@gmail.com • 336.373.2559

#### **Friends of Greensboro Downtown Parks**

www.greensborodowntownparks.org info@greensborodowntownparks.org 336.373.7533

#### **ArtsGreensboro**

www.artsgreensboro.org

Chip Berry: cberry@artsgreensboro.org 336.373.7523

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